**Coach: Edmond Khoo**

*Coachee S/No.: 801*

*Period of Coaching: June 2020 -September 2020*

*Number of Sessions: 4*

*Number of Hours: 7.5*

*Average Duration per Session: 1 hour 53 mins*

TESTIMONIAL

*by Coachee who is an Assistant Director, Public Sector Organisation, Singapore*

During my coaching sessions with Edmond, I felt myself growing both in confidence and also in my emotional maturity. His reassuring mannerism provided a strong platform for our sessions as I shared my concerns, thoughts, views as well as specific challenges I faced in my work and personal life. An experienced public officer, Edmond’s advice was always spot-on, and I found myself discovering answers to pertinent issues on my own.

Leading a team with experienced staff has always been challenging for me as a middle manager. I often found my own thoughts and views clouded by numerous operational issues, which impeded longer term strategic planning and goals for the organisation. The coaching by Edmond helped me gain fresh perspectives, by seeing things from a different angle. He always knew how to ask the right questions, and guided me to dive deep into my thoughts, be it consciously or subconsciously.

The rapport and trust that we established in our sessions were excellent. Edmond is someone who really listens and understands the issues raised holistically, making the subsequent discussions very pleasant and effective. With this newfound self-awareness, I gained greater confidence in moving forward towards my goals and objectives. I was genuinely happier, more cheerful, and walking home with lighter steps after our leisurely coaching walks together in the Botanic Gardens.

Edmond is inspiring, and yet has the presence of a great friend who will give you the best advice. I thank Edmond for the time he has taken to coach me, and I will highly recommend Edmond to whoever is looking for a coach.